



Shelley Restall, MSW, RSW in Private Practice

Providing psychotherapy & counselling services to individuals and families within the areas of anxiety therapy, stress management, eating disorder treatment and ongoing recovery across all ages and virtually across Ontario.

Registered Dietitians with Eating Disorder Specialisation

Here are the names and contact information for several registered dietitians who specialise in eating disorder treatment, disordered eating, and overall recovery.

ADULTS:

Michelle Johnson: <http://deardietitian.ca/meet-michelle/>

Suzanne Dietrich: <https://www.gutinstincts.ca/>

Sarah Kendell: <http://www.sarahkendellrd.com/>

Atheana Brown: <https://peacefullynourished.ca/about-me>

Christine McPhail: <https://blossomcounsellingcentre.com/our-team>

Courtenay Vickers: <https://www.courtenayvickersrd.com/services>

YOUTH & TEENS:

Sarah Kendell: <http://www.sarahkendellrd.com/>

Michelle Johnson: <http://deardietitian.ca/meet-michelle/>

Alida Iacobellis: <https://alidard.com>

Cara: <https://www.blueprintnutrition.ca/sports-nutrition/> (Cara specialises in sports nutrition and eating disorders for paediatrics)