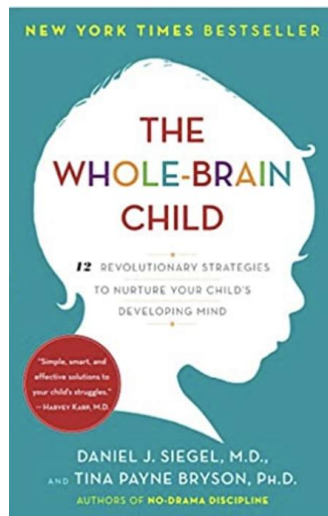
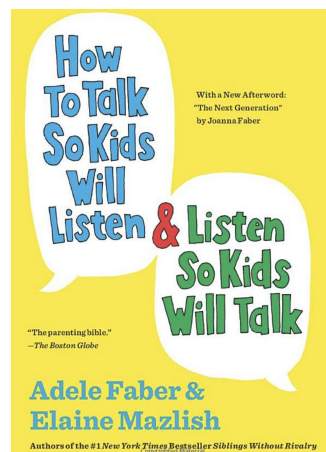


Parenting Books for General Recommendation



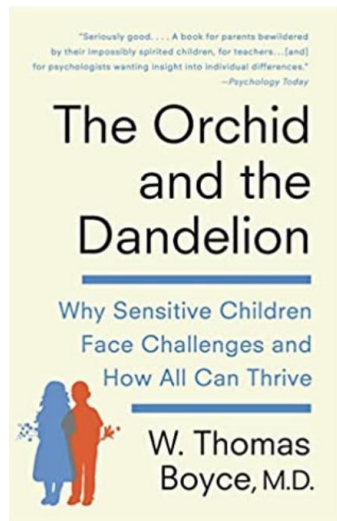
Published: 2011

About: Written by neuroscientist Daniel J. Siegel and parenting expert Tina Payne Bryson --- They explain the new science of how a child's brain is wired and how it matures. Different parts of a child's brain develop at different speeds and understanding these differences can help you turn any outburst, argument, or fear into a chance to integrate your child's brain and raise calmer, happier children.



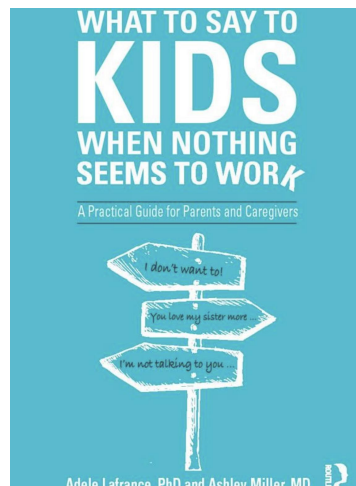
Published: 1980

About: Written by parent experts Adele Faber and Elaine Mazlish -- They provide step by step techniques to help you improve and enrich your relationships with your children. You will learn how to break a pattern of arguments, how to cope with your child's negative feelings, and how to engage your child's cooperation.



Published: 2019

About: Written by Tom Boyce, he explores the "dandelion" child (hardy, resilient, healthy), able to survive and flourish under most circumstances, and the "orchid" child (sensitive, susceptible, fragile), who, given the right support, can thrive as much as, if not more than, other children.



Published: 2020

About: Written by Adele Lafrance and Ashley P. Millerffers, who offer parents an effective, step-by-step guide to some of the most common struggles for kids aged 5–12. It provides a framework to explore new ways of responding to your child that will help them calm down faster and boost their resilience to stress.