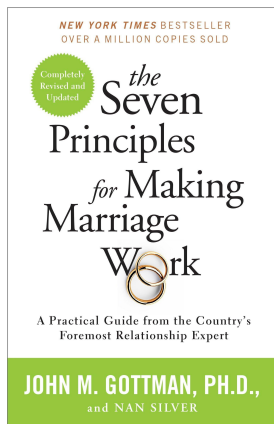


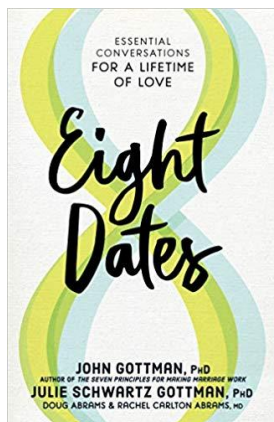
## Books Recommended for Couples & Relationships



The Seven Principles for Making Marriage Work: A Practical Guide from the Country's Foremost Relationship Expert

Authors: John M. Gottman (Ph.D) and Nan Silver

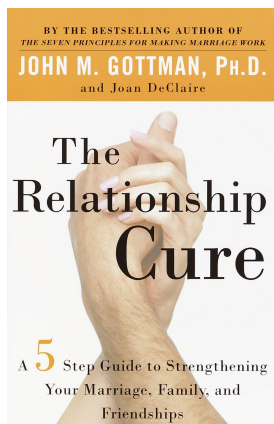
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Eight Dates: Essential Conversations for a Lifetime of Love

Authors: John M. Gottman (Ph.D), Julie Schwartz Gottman (Ph.D), Doug Abrams and Rachel Carlton Abrams (MD)

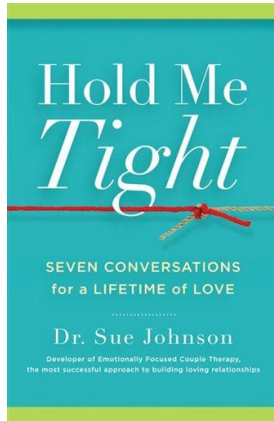
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The Relationship Cure: A 5 Step Guide to Strengthening Your Marriage, Family, and Friendships

Authors: John M. Gottman (Ph.D) and Joan DeClaire

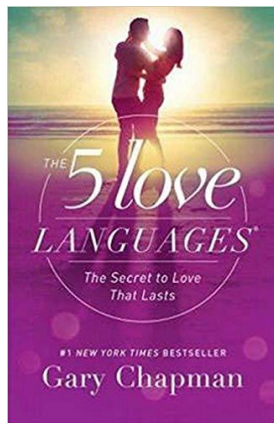
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Hold Me Tight: Seven Conversations for a Lifetime of Love

Author: Dr. Sue Johnson

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The 5 Love Languages: The Secret to Love That Lasts

Author: Gary Chapman

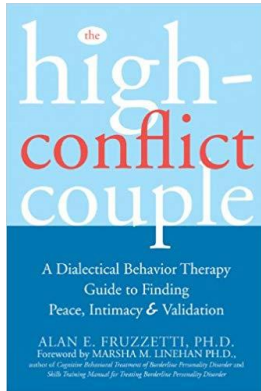
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Couples in Crisis: Overcoming Affairs & Opposite-Sex Friendships: A Fast & Innovative Approach to Rebuild Trust & Revive Your Marriage (Not Talk It To Death)

Author: Debra Macleod

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The High-Conflict Couple: A Dialectical Behaviour Therapy Guide to Finding Peace, Intimacy, and Validation

Authors: Alan E. Fruzzetti and Marsha M. Linehan